

Chakra Bracelet Kit



Contents:

- 7 semi precious beads – if you wish, place in corresponding order to chakras: amethyst (purple), lapis lazuli (dark blue), turquoise, green aventurine (green), quartz (yellow), carnelian (orange), red jasper (red)
- 10cm fine chain
- 8m spool 0.6mm wire
- 1 clasp
- 1cm cast ring
- 5 x 2mm jump rings
- 4 x 5mm jump rings



Some advice before making this bracelet:

It's good to keep the size of your loops and the number of wire wraps you make as even as possible, no matter the size of the bead.

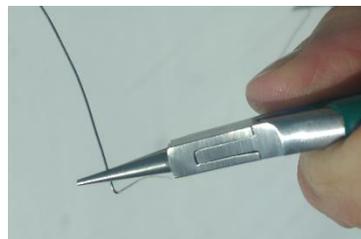
It helps to place a mark with a pencil on your pliers where you want to make your loop so you always know how far down the wire to place your pliers.

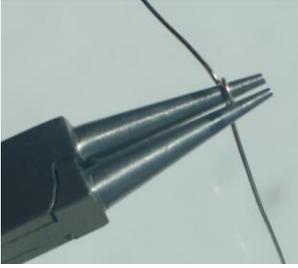
Decide how many wire twists you are going to have (2, 3, or 4), always make the same amount on either side of the bead and for all beads no matter the size or shape.



Start preparing a wire for the first bead:

1. Cut 7 pieces of 12cm of wire.
2. Make a 90 degree bend in one wire.





3. With your *round nose pliers*. Loop your wire by grasping it just above the bend.

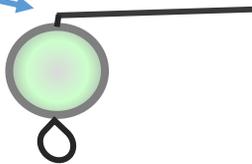
4. After you've made your loop, with the pliers still holding the wire, grab hold of the top wire and carry it through just under the pliers, to make a complete loop.

5. Now remove the *round nose pliers* and hold your loop gently with your *flat nose pliers* and twist your wire under the loop 2-3 times (this image is 3 times), and cut off the excess wire.



twisted 3 times

Bend wire to 90 degrees, create another loop and wrap the wire and trim.



6. Slip your first bead onto the wire, make a 90 degree angle with your *round nose pliers* just above the bead.

Then move your pliers just a little over the bend and loop. With your pliers still in your loop, carry the wire over to make a full loop, wrap 3 times and trim.

Trim excess wire carefully as close as you can to the coil, gently squeeze any sharp protruding wire with your *flat nose pliers*.



3 wire twists

You should now have a bead with a loop at each end, 3 wire twists each side and you can gently twist your loops with your *flat nose pliers* to make sure they are facing the same way.

To add a bead to a double looped bead:

7. Bend and loop a wire as steps 2 to 3 but before you close your loop completely, slip the finished bead onto it, and let it hang from the loop you just made.

Then grab your loop with your pliers as step 4, twist the wire around it 3 times and trim as step 5.



8. Slip a bead on it, and as step 6 finish the loop on the other side.

Check to see your loops are both facing the same way and repeat to wrap and link all 7 beads.

Now do some housekeeping - make sure there are no sharp protruding wire edges - either trim a little more, or give a gentle squeeze with your flat nose pliers, or both.

Check that all your loops are facing the same way and are not twisted.

To finish your bracelet:

Join together 3 x 2mm jump rings to 4 x 5mm jump rings (alternate one large one small). Attach one side with a small jump ring to your chain and the other side with a small jump ring to the end loop of your linked beads.

Now attach your clasp to the end of the chain with another small 2mm jump ring.



Attach your 1cm cast ring to the other end loop of your linked beads with a 5mm jump ring.

To wear, put the clasp through the 1cm ring, feed the chain through and then fold it back and attach the clasp to one of the jump rings, according to the size you need. It's a very easy way to put on or take off a bracelet with no help.

Notes:

Difficulty level – medium

Time to complete – 2 to 2.5 hours

For more tips on how to assemble your kit, or if you would like to ask a question, please have a look at our Facebook page: Nadia Minkoff London Workshops.

Watch our [YouTube](https://www.youtube.com/channel/UCW-EqliS0Am43zjXwwsEsLQ) channel 'Make jewellery with Nadia Minkoff London' for online tutorials as well as making jewellery tips <https://www.youtube.com/channel/UCW-EqliS0Am43zjXwwsEsLQ>

*Please note, there may be minor variations in the contents compared to the images. Our kits are made in the UK so if we run out of any beads or parts we will substitute them with something very similar and within the same colour and theme. There will always be enough to complete your creation. When making your jewellery please be aware that there will be small parts that need to be carefully disposed of. Please be careful of this if you have small children nearby.